MAPLE VILLA LONG TERM CARE CENTRE

DEPARTMENT:

ADMINISTRATION

DATE OF ORIGINAL ISSUE: MAY 2018

ISSUED &

REVIEWED/REVISED: JANUARY 2023

APPROVED BY:

ADMINISTRATOR

SIGNATURE:

Barb Goetz

&

D.O.C.

SIGNATURE:

Jocelyn Page

TO:

ALL STAFF AND VOLUNTEERS

SUBJECT:

MEDICAL EMERGENCY - CODE BLUE

Page 1 of 2

DEFINITION

Code Blue alerts all staff to a life-threatening medical emergency when a person is experiencing a cardiac arrest or a respiratory arrest (as a result of choking or anaphylactic shock) requiring immediate resuscitation.

PURPOSE

To ensure the immediate provision of BCLS (Basic Cardiac Life Support) as per the Heart and Stroke Foundation by certified Registered Staff and Physicians.

POLICY

The Home will initiate a system that easily allows staff to quickly determine the Level of Care Directive status of residents in the event a resident is exposed to a life threating situation. Examples of systems include:

- Code Status: "4 Transfer to Acute Care Hospital with CPR" identified in Resident Electronic Health Record in PCC.
- > Colour coded blue sticker on spine of Resident Hard Copy Chart.

Note: The Level of Care Directive needs to be documented. If there is no signed consent for the Level of Care Directive, then it will be assumed that Code Blue Level "4" will be initiated.

- A Code Blue will be initiated on all persons suffering a cardiac/respiratory arrest who have a known Level of Care Directive 4, or an advanced care directive or a resuscitation care plan
- Code Blue announcements are assumed to be adult CPR.
- Resident Goals of Care will be respected related to DNR and CPR wishes.
- A registered nurse or registered practical nurse shall, at the time of hire, present certification of being trained and competent in basic cardiac life support. Annual re-certification is a condition of employment, which is the personal and professional responsibility of the employee. Proof of certification must be presented to D.O.C.
- All available Staff will response immediately to a Code Blue announcement.

PROCEDURE

- 1. Upon discovery of a person experiencing respiratory or cardiac difficulties the staff member will immediately get HELP (pull call bell and yell "HELP") and stay with the person.
- 2. Registered Staff (1st Responder) informed of the person's status will assess LOC, airway, breathing, and circulation.
- 3. First Responder will announce "Code Blue, all Registered Nursing Staff" and location on the public address system and repeat 3 times. All Registered Nursing Staff must respond.

(i.e. "Code Blue Room ____, Code Blue Room ____, Code Blue Room ____") and call 9-1-1, and another to obtain the red back board, Rescuer Face mask and Ambu-bag, located in the Clean Utility Room.

- 4. Certified Registered Staff will initiate CPR. Person will be placed on their back on firm flat surface or back board. Check for respirations/carotid pulse. Initiate 30 compressions to 2 breaths. Continue CPR until EMS arrives or person regains consciousness/respiration/heart rate.
- 5. When Resident's status stabilizes or when order received by Physician to stop CPR, Registered Staff will announce "Code Blue all clear" and repeat 3 times.
- 6. Registered Staff to inform SDM/POA and Primary Physician of Code Blue and outcome.
- 7. Document in Progress Note: Resident's status, time Code initiated, time Code ended, Resident's response (survived/expired), vital signs, transferred to hospital, family notified, MRP notified.
- 8. Code Blue Debrief and Evaluation:
 - What worked well
 - What didn't work well
 - Improvement opportunities
 - Provide support to Residents, Staff and Families

Please Note:

- Rescuer Face Mask is a one-time use and discard.
- Rescue respirations can be performed using either the Rescuer Face Mask or Ambu-bag.